

RADIOLOGY ASSOCIATES OF ALBUQUERQUE, PA *servicing you since 1971*
FOR APPOINTMENTS CALL CENTRALIZED SCHEDULING AT 505-332-6967 OR 1-877-771-6266
Exam Preparation

Abdomen and Pelvis CT Scans

Readi-Cat (Oral Contrast)

Readi-Cat may be available through your referring physician or at the radiology facility. Readi-Cat does not need to be mixed with any liquids, do not dilute and refrigeration recommended.

Appointments Prior to 1:30 PM

At **10:00 p.m.** the night before your appointment drink one bottle of Readi-Cat. Drink the second bottle one and a one-half hours (1.5) prior to your appointment. Do not eat after midnight and you may drink small amounts of clear liquid until the time of your appointment.

Appointments After 1:30 PM

Prior to 9:00 a.m. the day of your appointment drink one bottle of Readi-Cat. Drink the second bottle of Readi-Cat one and one-half hours (1.5) prior to your appointment. You may eat a light breakfast the morning and small amounts of clear liquids until your appointment.

Appointments After 5:30 PM

You may eat a light breakfast and lunch the day of your CT scan. Drink one bottle of Readi-Cat six (6) hours prior to your appointment. Drink the second bottle of Readi-cat one and one-half hours (1.5) prior to your appointment. You may drink small amounts of clear liquid until your appointment.

Mammography

Wipes will be provided to remove deodorant, lotions, or powders from your breast area prior to your mammogram because sometimes these may show up as an artifact (which is a false finding) on the image.

If you have implants please refer to High Resolutions waiver on our website under Forms in the Patient Resources section.

MRI

Before the MRI exam, you will be asked to fill out a screening form inquiring about personal health or circumstances that might create a health risk or interfere with imaging. A copy of this form can be found on our website under Forms in the Patient Resources section. Even if you have undergone an MRI procedure before, you will still be asked to complete an MRI screening form. Exam times vary in duration depending upon your physician's orders.

During MRI exams certain implants, devices or objects may be hazardous to you and may interfere with the exam. During your MRI exam you will not be allowed to wear anything metallic and you will be asked to remove and secure your personal belongings including all jewelry. A locker will be provided at the facility. Some cosmetics contain small amounts of metals, so it is best to not wear mascara for imaging of the eyes or orbits.

If you have any questions regarding your MRI exam please contact the imaging facility and consult the MRI Technologist.

| | |
|----------------------------|--------------|
| Albuquerque Imaging Center | 505.243.4401 |
| High Resolution | 505.332.5800 |
| RAA Imaging | 505.332.5800 |

If a contrast agent called "gadolinium" is ordered by your physician, the American College of Radiology recommends the imaging center have a Glomerular Filtration Rate (GFR), which is a blood test. This test must be obtained no more than 30 days prior to the exam and the results must be in your file prior to your appointment.